

Domestic Violence A Barrier in the Path of Women Empowerment

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Abstract - Domestic violence, a violence against women by economically, socially, abusing her, physically harming her, which has a negative impact on her health and well-being and on her children also. When a woman is empowered a nation will also empower. The development of the nation took place only after the development of women. It is the woman who helps the nation to build. Domestic violence is a global problem that all the women of a world face. It is the main obstacle in the path of women's empowerment. As compared to women of the US, Indian women face 40 times more than them. The present study is based on secondary data. The main objective of this study is to understand the various forms of domestic violence, what are the factors that help a woman to fight against domestic violence, and why it is said that domestic violence is a barrier in the path of women empowerment.

Keywords: *Domestic Violence, Women Empowerment*

I. INTRODUCTION

The development of a nation took place only after the development of women. The word Women itself defines the power it has. As the word woman is written before men which shows a woman is behind the success of every man. She is the one who is making him what he is. She plays many roles in her life; still, she doesn't get the reward which she deserves. Man doesn't respect her. God

made her with immense strength which no man in the world carries. That's why when she is assaulted by her partner she can't say to anyone only to save her family, to save her child's life, not to defame her partner's or her family image in front of others. Men taking her silence as an opportunity and harm her physically, psychologically, and economically. Her silence gives a chance to raise domestic violence.

It doesn't matter whether a woman is working or not she still faces the violence. The empowerment of women doesn't mean that a woman is working. 51% of the women are working and still many of them are the victims of domestic violence. So, empowerment does take place unless and until the stoppage of domestic violence. The main obstacle in the path of women's empowerment is domestic violence.

It is necessary to change the mind of people who thinks women are nothing they are just to fulfill their needs. Their mind will only change when a woman has empowered domestic violence happens because of the lack of empowerment.

II. REVIEW OF LITERATURE

Many studies have been carried out to know the factors behind domestic violence and why women are not able to become independent. Why domestic violence is called as a barrier for women empowerment. Some of the accessible related studies are being reviewed here.

Ms. Sudha Choudhary, (2013) in her study analyzed the domestic violence in India. The author collected the data to find out which state of India

has the highest case of domestic violence and Uttar Pradesh stands in the first position followed by Delhi, Rajasthan. And the act formed by the government for the protection of women to fight against domestic violence.

Daga et.al, 1999 in his paper said that a woman doesn't disclose the name who has assaulted her. The author said women did not disclose the name who abuse her, harming her, torturing her, and the reason behind her this action was studied and the author says it was found their silence is because of their child their culture their society. And if it were asked to them about their injuries they give some other reasons.

Sahoo et.al, 2007 in their study found that women were the victim of domestic violence from the age of 15 as they were married at an early age.

Vimal et.al, 2016 in their study analyzed the different forms of domestic violence and also analyzed the data on domestic violence against women in India. And Orissa and Uttar Pradesh have the maximum cases of domestic violence followed by other states of India.

Dr.S.Prescila Sharon,2014 in her study discussed the after-effects of the violence on abused women. And what roles are being played by the social workers, NGO's for these women? What management policies were framed by the Government. Ways to empower women for their betterment.

National crime records bureau 1991, said that every 33 minutes one Indian woman is being assaulted by her husband. As compared to 2007 the percentage increase in the year 2011 was 4.3%.

III. OBJECTIVES OF THE STUDY

1. To understand the various forms of domestic violence.
2. To understand the factors that help a women to fight against domestic violence
3. To understand the impact of domestic violence on women.
4. To give suggestions and recommendations.

IV. RESEARCH METHODOLOGY

For the purpose of study secondary data has been used. The data has been collected from journals, research papers, National Crime Record Bureau (NCRB).

Different Forms of Domestic Violence

1. Psychological

Mental torture upon women by abusing her, insulting her, humiliating her in front of others not respecting her, always demotivating her with regard not knowing anything, not having children, not having a job by which she loses her confidence and her peace. She becomes disturbed and able to do her responsibility towards her family and finally which leads her to suicide. Many women died as they can't share their pain with anyone even if she says we are the only one who says you should adjust, this is our so-called society. Who doesn't want to spoil their image in front of others though for how long women survive it.

2. Physical

When a woman is physically harmed by her partner. Physical violence is an ancient form of violence that was mostly used to harm women for dowry. Women were beaten badly which sometimes causes her to die. Even a woman is working still she is beaten by her partner or by her in-laws. To stop this in the year 2005 Government of India made law under the Women protection act 2005. Most of the women face physical violence and still their decision is to leave with those men only because of their child, for their family. This decision gives a man to assault her again and again because they know she will not tell it to anyone and will not go anywhere.

3. Economic

Economic violence arises when the partner has full control over money and the women were unable to fulfill her needs and desire. Not getting any kind of support from her partner. When she asks him an argument starts between them and to not going on that argument she doesn't ask even though she is a working woman. Many women not even continue their education due to the need for financial support. Even a woman is working she gives her whole earning to his partner and asks her own earning by him to fulfill her needs.

4. Equality

The equality between men and women is another kind of violence. It's not something new. We have heard many times give equal importance to both of

them. But when it comes no men give equal priority to his wife. If a woman is having a better job, a good education than him he feels insecure. Because he wants to control her, to dominate her by which there is a problem arise between their relationships. And the thing goes bad and they take divorce

Factors that help Women to fight against Domestic violence



Figure 1: Factors to fight against Domestic Violence

There are several factors that help a women to fight against domestic violence but the five most important factors that helps her a lot to become independent are, psychological, social, economical, legal, and political empowerment of women.

Psychological Empowerment

Empowering a woman in that way so that she will able to take her decisions to own without the support of others. If a woman is psychologically empowered it shows that she will be empowered in other factors also. She will participate in the decision-making activity in her family. Psychological empowerment is the first stage of empowering a woman. There are many factors that empower a woman but psychological is the initial one. Because of domestic violence, women were not able to make a decision even she takes then she

will be harmed by the family. She should do everything by the approval of her family by this she forgets about herself and makes her mentally ill. Thus psychological empowerment of women is necessary to stop domestic violence and make her capable to fight against it.

Social Empowerment

Social empowerment shows the mobility of women, her interpersonal relation with people, society, and her participation in social activities. Social empowerment makes a woman become socially active which helps her to free from mental illness caused by domestic violence. Because of society she doesn't tell her problems with anyone, but she becomes socially empowered it Make her share or express her emotions without any hesitation, without the fear of her family. It gives power to women. Empower her to live happily it comes only after when she is psychologically empowered.

Economical Empowerment

Economic empowerment means the participation of women in income-generating activities. It doesn't matter how much she is contributing even she has a small contribution that also shows her empowerment. If a woman is economically empowerment then there is no need to depends on others. it has been seen the working women are also facing domestic violence. So, even after divorce, she will be able to take care of her child. Many women were not financially stable because of this they used to leave with her partner. But, when she is economically empowered and financially stable she will able to fulfill her desire, needs without asking anyone's money. That's why it has been said many times why the empowerment of women is essential. Today the government has started many projects to emphasize the skills of women and make them empower.

Legal Empowerment

Legal empowerment of women means she should be known about all her legal rights which were framed by the government for her protection to fight against domestic violence. So, that whenever she will be assaulted she should speak against it. Make the person in front of her to stop violence upon her. Legal empowerment makes women legally empowerment what laws the government

has made for her. It is in terms of health, harassment, cultural barriers.

Political Empowerment

The political empowerment of women helps her to organize to make some changes by meeting with political leaders. Participating in rallies for awareness. To have an ability to make changes in the society, in the mind of a man who thinks women are just a source to fulfil their needs and nothing more than this.

Legal measures are taken by the government

The government has made so many laws for women to fight against domestic violence. The Indian Penal Code has framed some laws. They have made it for the betterment of women and the betterment of the nation.

The dowry and dowry death of a woman if a woman burns or injured by her husband or by her husband's family then it is subjected as dowry death or demand for dowry. And they will be punishable under the IPC 304-B, 113-B Indian Evidence Act, 1872. In case of suicide then the person who forced a woman to suicide will be imprisonment for 10 years.

The Protection of Women From Domestic Violence Act (PWDVA), 2005 was framed to protect the women against domestic violence. Under this the violence is categorized into four different forms they are; Physical, verbal, and emotional.

PWDA gives a woman a path to make herself safe not only to the literate one but for all the women are the victim of domestic violence. Make them aware to stop taking their husband's or her husband's family's violence. It helps a woman to empower.

On 13th March 2015, the ministry of women and child development launched a new scheme i.e.; "Swadhar and short stay Home Schemes" for the rehabilitation of women in difficult times.

Recommendations

- Before making a woman economically empower make her psychologically empower.
- To give more emphasis on the empowerment of women by introducing projects for the betterment of women.
- Strict action should be taken for the people who encourage domestic violence not to give them bail.

- More focus should be given on the matter of physical violence and the silence of women after being abused, harm, and assault.

Conclusions

Domestic violence the word itself describe what does it mean. It has an adverse impact on the woman. Woman suffers it in the four walls of her home only to protect the fame of her family in front of so called society, friends, or people around us. It is very important to make a woman empower and make herself independent. If a woman is psychologically, socially, economically, legally and politically empowerment no weapon in the world could destroy her to fight against domestic violence these factors not only help her to fight domestic violence but also enable her to stand independently and helps her to build a nation economically and financially strong.

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