

## BIOMEDICAL APPLICATIONS OF CHITOSAN AND ITS DERIVATIVES

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### ABSTRACT

Chitosan is a deacetylated compound of chitin which is a polysaccharide extracted from the shells of crustaceans, molluscs, fungi and other organisms. Chitosan is made up of copolymers containing glucosamine and N acetylglucosamine. They are derived by three methods from chitin viz, deproteination, demineralization and deacetylation. It is a basic polysaccharide and has several advantages such as photoelectric behaviour, ability to form films, metal chelation, optical and structural characteristics. These abilities of chitosan made them a perfect candidate for various applications. Chitosan is used in various fields such as cosmetics, agriculture, food, paper industry and also in fabrics. Besides these, they are widely used in biomedical applications due to its flexibility to be moulded into any shapes and more importantly its non toxic nature. In the field of biomedicine, Chitosan are known for their best anti microbial, anti oxidant, anti cancer and wound healing abilities and it is also used as drug delivery systems for treating several diseases. The present review deals with the biomedical applications of chitosan.

### Keywords

Antimicrobial activity, Chitin, Chitosan, Drug targeting, Woundhealing

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### Introduction

Chitin is the second most extensively spread natural polysaccharides on earth and it is made of  $\beta$  (1 $\rightarrow$ 4) linked 2-acetamido-2-deoxy  $\beta$ -D-Glucose. Though chitin is not produced in

organisms containing cellulose, it is considered as a cellulose derivative since it resembles structure of cellulose with an exceptional acetamide groups at C2 positions (Dutta *et al.*, 2003). The N deacetylation of this chitin at varying extent results in the

production of chitosan. Chitosan was discovered by Rouget in 1859 ostensibly when he was working with chemical and mechanical nature of chitin (Au natural herbals, 2001). Chitosan is a linear polymer of  $\alpha$  (1 $\rightarrow$ 4) linked 2-amino-2-deoxy- $\beta$ -D-Glucopyranose (Dutta *et al.*, 2003). The structure of chitin and chitosan is given in Fig 1 and Fig 2. The production of chitosan from chitin follows four steps such as Deproteinization, Demineralization, Decolouration and Deacetylation (Dutta *et al.*, 2003). During these processes chitosan undergoes various transformations of which N acetylation and Schiff's base reaction are influential. The deacetylation causes chitosan highly basic and soluble in dilute aqueous acidic medium. In addition, they produce various derivatives on reacting with different group of chemicals such as aldimines, ketimines, N – carboxymethyl chitosan, N-carboxybenzy chitosan etc (Hirano 1997; Sashiwa and Shigemasa 1999; Kurita 1998).

Chitosan has advantageous chemical characters such as reactive amino and hydroxyl groups and chelates many transitional metal ions. In addition to its chemical characteristics it has varying biological advantages such as natural, safe, non toxic, biodegradable, biocompatible and readily binds to mammalian and microbial cell aggressively (Kumar 2000; Dutta *et al.*, 2003; Balmayor *et al.*, 2011). This biological and chemical characteristic along with its cheap cost makes them a perfect candidate for wide variety of applications such as food industries, cosmetics, pharmaceutical industry and in clinical treatments (Kumar 2000). In the present review, the biomedical applications of chitosan are discussed.

### Biomedical applications of chitosan

Chitosan possess several biomedical applications such as antimicrobial activity,

antioxidant activity, burn treatments, ophthalmology etc. which are discussed as follows:

### Antimicrobial activity

The recent past has been concentrating much on the antimicrobial activity of chitosan and its derivatives (Khanfari *et al.*, 2008; Limam *et al.*, 2011). Two mechanisms were proposed for chitosan exhibiting its antimicrobial i) Interfering with the bacterial metabolism by electrostatic stacking of polycationic chitosan (Chung *et al.*, 2004; Je and Kim 2006) ii) Blocking the transcription of RNA to DNA (Liu *et al.*, 2001). However, the antimicrobial activity of chitosan is highly attributed to its degree of acetylation and molecular weight (Acharya *et al.*, 2005). A study on antimicrobial activity of chitosan prepared from shrimp shell waste showed that chitosan exhibited bacteriostatic activity on the three microorganisms viz, *Escherichia coli*, *Pseudomonas aeruginosa*, *Staphylococcus aureus* (ATCC 43300 and 25923), *Bacillus subtilis*, *Bacillus cereus*, *Vibrio cholerae*, *Shigella dysenteriae*, *Enterobacter agglomerans*, *Prevotella melaninogenica* and *Bacterioides fragilis* (Benhabiles *et al.*, 2012).

Chitosan with molecular weight ranging from 22 to 846 KDa in combination with most active monoterpenes had better antibacterial activity on bacterial species such as *Agrobacterium tumefaciens*, *Erwinia carotovora*, *Corynebacterium fascians* and *Pseudomonas solanacearum* (Badawy *et al.*, 2016). Commercial chitosan in its gel form has exhibited better antimicrobial activity against *Staphylococcus aureus* while the gel was less sensitive to *E. coli* (Goy *et al.*, 2016). Chitosan along with Polyvinyl alcohol doped with leaf extract of *Hibiscus sabdariffa* showed better antimicrobial activity for *Escherichia coli*, *Pseudomonas aeruginosa*, *Staphylococcus aureus*, *Bacillus subtilis* and

*Candida albicans* (Abdelghany *et al.*, 2019). In this way, chitosan has explored and still studied with its varying derivatives and complexes for antimicrobial activity.

### Antioxidant activity

The increasing interests in finding natural antioxidants to protect human body from oxidative stress have resulted in wide search for all natural resources (Kinsella *et al.*, 1993). Among which chitosan is a natural way of obtaining antioxidants from huge and cheap sources such as shrimp shell, crab shell waste etc.

Therefore, studies on antioxidant activity of chitoan have also extensively made to use them for the purpose. One such study is the enzymatic functionalization of chitosans with flavanoids and exploring its activity for its antioxidant activity. The study showed that the antioxidant activity of chitosan increased with the type of flavanoids used (Sousa *et al.*, 2009). This study confirms the ability of chitosan to bind with other molecules thus indicating its flexibility and also its potential antioxidant activity (Rajalakshmi *et al.*, 2013).

In another study chitosan extracted from shrimp skeleton was found to have better antioxidant activity. Film forming hydrosols formed from the Chitosan/Hydroxypropyl methylcellulose (CH/HPMC) studied for its antioxidant activity showed the efficiency of CH/HPMC in free radical scavenging effect and ferric reducing antioxidant power (Zimoch-Korzycka *et al.*, 2016).

Similarly, the antioxidant effect of chitosan was found to be improved by chemical modifications with coumarin (Li *et al.*, 2019). Chitin extracted from *Polybius henslowii*, a swimming crab was acetylated to produce chitosan oligosaccharides. These chitosan oligosaccharides were found to have better

radical scavenging activity, thus better antioxidant activity (Avelelas *et al.*, 2019).

### Antitumor activity

One among the biomedical activities of chitosan is their antitumor activity. The antitumor activity of chitosan is attributed to its membrane disrupting potential and apoptosis inducing activities (Qi *et al.*, 2005). Antitumor activity of chitosan experimented on cancer lines such as Sarcoma-180 and mouse hepatoma H22 showed that it has great effect on killing cancer cells (Qi *et al.*, 2006).

In another study, the drug used for treating cancer called as mifepristone was loaded on chitosan nanoparticles and studied for its antitumor activity in Human lung adenocarcinoma A549, HELA cell line, Human endometrial carcinoma RL95-2 and Human liver hepatocellular carcinoma HepG2.

Studies revealed that the chitosan loaded with mifepristone showed better anti cancerous activity even in small amounts (Zhang *et al.*, 2016).

In another study, chitosan that are commercially available and those synthesized from mayfly was experimented for its antitumor activity on L929 fibroblast and three different cancer cell lines such as HeLa, A549, and WiDr. The study revealed that the chitosan derived from mayfly had better antitumor activity at a concentration of 500 µg/L and below 250 µg/L the molecular weight played a major role than the concentration (Tan *et al.*, 2018). Similarly, study on chitosan based β ketosulfan derivatives on cancer lines such as colon carcinoma (HCT), liver hepatocellular carcinoma (HEPG2), and breast carcinoma (MCF-7) was found to have high efficiency with lower concentrations (Alamry *et al.*, 2018).

Fig.1 Structure of chitin (De Alvarenga 2011)

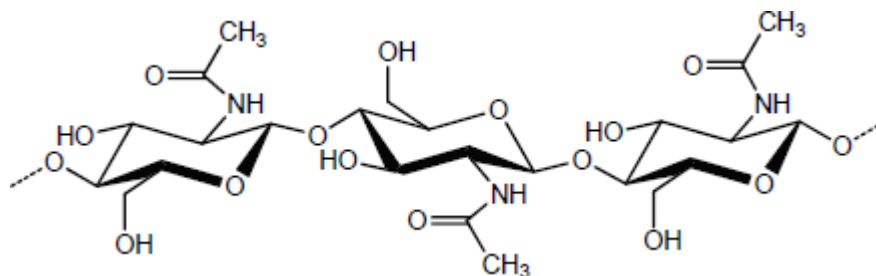
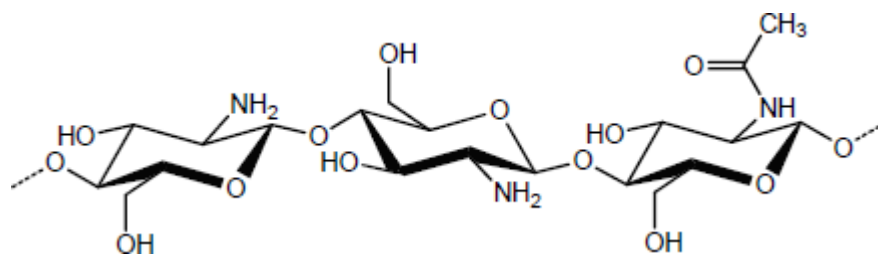


Fig.2 Structure of Chitosan (De Alvarenga 2011)



## Wound healing

Since discovery, chitosan has been widely used as a topical dressing in wound management since it is homeostatic, stimulates healing, has antimicrobial potential, nontoxic, biocompatible and biodegradable (Dai *et al.*, 2011). Based on these, several studies have been performed on them.

Burkatovskaya *et al.*, (2006) compared the antimicrobial ability of chitosan acetate bandage called as HemCom™ bandage with alginate sponge bandage and silver sulfadiazine cream in mouse models of infected open wounds. Ong *et al.*, (2008) used chitosan dressing by incorporating polyphosphate and silver for improved hemostatic and antimicrobial effects. Caetano *et al.*, (2014) investigated the healing properties of a chitosan–alginate membrane on a cutaneous wound in rats and found improving effects in the process of wound healing. Howling *et al.*, (2001) showed that

chitosan enhanced fibroblast proliferation, and found that the proliferative effect is related to the deacetylation degree of the chitosan. The samples with a high deacetylation degree i.e. 84 % and 86 % deacetylation degree was found to have increased the mitogenic activity in fibroblasts, while some sample of chitin was found to have antiproliferative effect. Some commercial hydrogels of chitosan such as Chitipack P® Eisai Co, Tegasorb® 3M, Chitoseal® Abbott etc was found to be used as functionalized wound healing dressing and also in drug targeting.

These chitosan based hydrogels with modifications was found to provide a moist wound environment, protects the wound from secondary infections, remove wound exudates, promotes re-epithalization of damaged skin, accelerates angiogenesis and aids in collagen maturity (Liu *et al.*, 2018). The effect of chitosan in combination with propolis was found to show better wound healing activity in rats (Abbaszadeh *et al.*, 2019).

## Drug delivery system

Drug delivery systems essentially comprises of one or more pharmacologically active agent with a suitable carrier (Smolen 1978). The main criteria of ideal delivery systems are to deliver the appropriate amount of active agent at a constant/suitable rate for a pre-determined period of time and should able to channel the active agent solely to the site of action in the body (Coelho *et al.*, 2010; Cirillo *et al.*, 2014).

Chitosan is one such agent that carries the actual drug to the target site and perform its function with no compromises. Therefore, they have been studied for many of their drug targeting activity.

The hydrogel films developed from chitosan and xanthan gum at a ratio of 50:50 along with amoxicillin were developed into semi interpenetrating networks and they were found to have higher drug release at the target site (Monga and Wanchoo 2014). Similarly, chitosan–alginate hydrogels loaded with BMP-2 and mesenchymal stem cells (MSCs) were shown to induce subcutaneous bone formation (Park *et al.*, 2005). Dhaliwal *et al.*, (2008) proved the oral bioavailability of acyclovir 3-fold and 4-fold due to the incorporation of this drug in chitosan and thiolated chitosan, 267 respectively. In this way, chitosan plays a major role as drug targeting systems.

Chitosan is one of the functional and natural polysaccharide with more biomedical applications. With several modifications like synthesizing them as nanoparticles, using as combinations with other biological materials and drugs will make them function much better for many of our medical ailments. From the present review, it has been established that chitosan has its long run in the field of biomedicine and further research on them will get benefits more from them.

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